



osmani
TRUST

ANNUAL REPORT

2011-2012



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Message from the Chairman

WHAT A YEAR

I cannot help but feel proud of the enormous achievements of Osmani Trust over the past year. Perseverance and determination gave way to the completion of the world-class youth facility that will be known as the Osmani Centre.

Opened in August 2011 by the Mayor of Tower Hamlets, and our patrons the Lord Mayor Sir Michael Bear and Sir Stephen O'Brian, we marked a historic contribution to local young people. Whatever challenges the economic and social climate may present, I hope that this Centre will always be there for the people that matter the most: the young people - our future.

Our move into the new Centre was inhibited as the staff, volunteers and management committee worked to unify the young people of Tower Hamlets as the country was gripped with riot fever. I praise everybody who resisted from the affray, it is a mark of good cultural values and the building of positive relationships with the grassroots.

We have focused on reorganizing our programmes and services so they remain effective, despite the austerity pressures. Our priority to work with some of the most disadvantaged youth through

our mentoring, reconciliation and skills development initiatives are central to making a difference to their quality of life. I urge our partners, friends and critics to engage with us so we can work collaboratively and innovatively to help our young people.

I am thankful for having an excellent team to support the developments of Osmani Trust, and I am deeply grateful to our patrons, funders, members and our local community leaders for providing us with guidance, inspiration and the resolution to work for the common good. May God bless you all!

Imadul Islam
Chairman of the Board of Trustees

OUR MISSION

To provide an excellent youth and community service that is creative and accessible

OUR VALUES

- Culturally inclusive
- Open and Accountable
- Community Focused
- Inspire Change
- Be relevant today & ready for tomorrow

WHO WE ARE

We are an independent community led organisation led by a Board of Trustees

We are a grass roots organisation providing holistic solutions to local challenges

We are committed to empowering communities to make a difference in their lives.

WHAT WE DO

We offer a wide range of community, health, educational, and sporting initiatives tailored to the needs of local communities.

We support people, particularly those living in disadvantaged urban communities to re-engage with the mainstream society and improve their quality of life.

OUR PATRONS



Stephen O'Brien CBE
Chair of Barts and The London NHS



Sir Michael David Bear
Alderman of The City of London



Senior Manager's Foreword

FROM STRENGTH TO STRENGTH



This was the first year we delivered our services from the new state of the art youth and community centre. For many of our members, trustees and fellow colleagues a great sense of pride and achievement resonated throughout the Osmani family. It truly felt like a place where ordinary people achieved an extraordinary thing. Over 2000 people participated in our week long celebration.

It is important to point out that the objective of Osmani Trust has not ended with the new Centre. Rather it is merely another milestone in the many milestones the organisation has achieved and will seek to achieve as Osmani Trust strives to become a model Centre and a beacon of good practice for the community.

Our priority for Osmani Trust is to sustain our current services and retain our experienced and dedicated staff members. I believe much of Osmani Trust's success is due to committed and passionate staff members and volunteers. On behalf of the organisation my heartfelt appreciation and thanks goes out to them.

One of the main achievements for Osmani Trust is our ability to bring together different groups of youths

and members of the community from different estates in Tower Hamlets and East London. During the London riots our objective was to minimise rioting and keep young people 'SAFE'. Osmani Trust deployed over 260 volunteers across Tower Hamlets during the rioting. Our contribution was appreciated and acknowledged by the local authority.

I would like to take this opportunity to thank all our patrons, trustees, partners, funders, volunteers and members for giving up your valuable time to those who are in need.

Abu Mumin
Senior Manager





AASHA

Aasha's networks have proven to be invaluable in preventing and responding to violence, criminality and anti-social behaviour. The most significant members of these networks are young people (peer groups); young people which the project has worked with previously. So, in 2011-12 the number of peer groups engaging in the Aasha Peer Programme increased to 6:

1. Brick Lane Aasha (BLA)
2. Varden Street Aasha (VSA)
3. Brune House Aasha (BHA)
4. Jubilee Street Aasha (JSA)
5. Wapping Aasha (WA)
6. Shadwell Aasha (SA)
7. Globe Town Aasha (GTA)

RESPONSE & MEDIATION

Including the London riots, Aasha was involved in mediating in 7 major incidences:

The London riots really put the work of Aasha in Tower Hamlets under the microscope.

Gang attack - May 2011
A group of 15 boys attacked two 13 year olds. Aasha contacted family members and provided support and advice

Major Conflict -Sept 2011
Major conflict that led to a person being assaulted inside his own estate. Machetes, knives and hammers were recovered from the scene; vehicles were also damaged. Aasha team met with local elders, reps from both sides and brokered a truce.

Attempted Murder - Oct 2011
Two friends got involved in an argument and one stabbed the other on his shoulder and neck. Luckily he survived. The attacker was arrested and held on remand. Aasha intervened when the attacker planned to 'deal' with the victim by sending people to 'take care of him'. Aasha tried to broker an out of court arrangement

through mediation. Managed to agree truce and didn't have to resort to financial payouts.

Riots - Aug 2011
Major mobilisation of all Aasha informal network of youth in Tower Hamlets resulted in more than 200 young people taking to the streets to defend and protect their community from rioters and vandals thus turning around potential rioters into model citizens of the Borough.

EDL March - Sept 2011
Young people from a diverse range of gangs and groups in LBTH took to the streets to confront the EDL. Aasha intervened by advising them to play a 'protective' and 'reassuring' role on a tense day and not to react to the provocations. The day saw these youth volunteering with official steward badges and bibs instead of creating havoc and mayhem on the streets.

Suspected EDL vs Local youth - Oct 2011 -Suspected EDL members showed up at a well-known pub and local young people gathered. Confrontation ensued as missiles were thrown out of the pub and hit the youth. Pub was attacked. Aasha team were again in between two warring sides attempting to defuse the situation.

Murder Case -Dec 2011
A small group of young people who were known to the project were suspected to have been involved in a murder that took place near Brick Lane after an argument with a middle aged man. Aasha attempted to meet both sides to ensure that further retaliation doesn't take place and no 'race war' develops from this.

IMPACTING THE LIVES OF YOUNG PEOPLE

Through the Peer Programme, Aasha seeks to enable young people to make positive changes for themselves and at the same time enable them to positively influence their peers. We encourage change at two levels:

1. Personal change
 - a. Drugs and alcohol use
 - b. Well being
 - c. Safety and security
 - d. Structure and order in the life of the young person
 - e. Citizenship
 - f. Family relations and caring adults in their lives

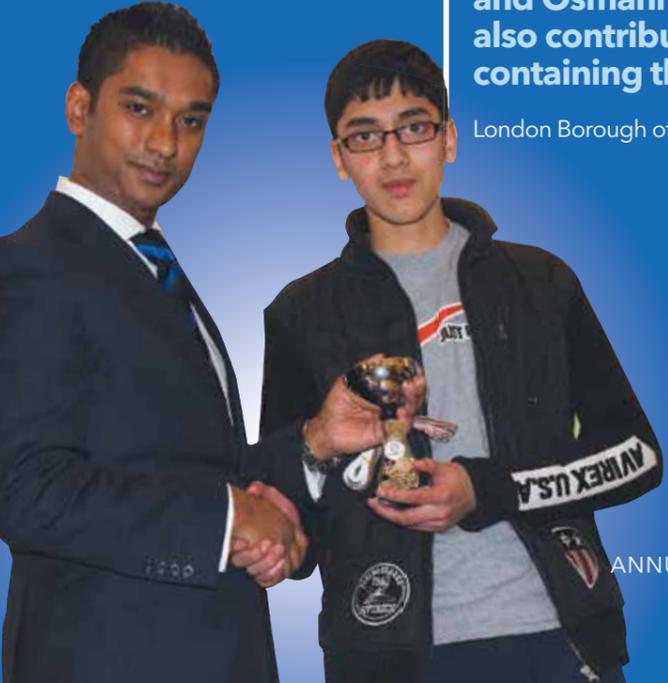
PERSONAL CHANGE			
	Initial	Final	Change
Drugs/alcohol	4.4	4.9	0.5
Well being	4.1	4.8	0.7
Security	3.4	4.3	0.9
Structure	3.2	3.7	0.5
Citizenship	3.2	4.1	0.9
Family, values	4.1	4.4	0.3
	3.73	4.37	0.63
			12.7%

The greatest positive changes young people felt were with citizenship and feelings of personal safety: The overall average figures changed from 3.73 to 4.37 which is a 0.63 points difference in improvement. In Summary, a total average percentage change of 12.7% was experienced by the young people when it came to their personal development and well-being.

SOCIAL CHANGE			
	Initial	Final	Change
Feeling safe	3.9	4.7	0.8
Getting to know people	3.5	4.5	1.0
Making a difference	2.2	2.9	0.7
Healthy Lifestyles	3.0	3.6	0.6
Greener choices	2.6	2.9	0.3
Learning new activities	2.5	3.7	1.2
	2.95	3.72	0.77
			15.3%

INSPIRING CHANGES

In February 2012, as part of the Opening Celebrations of the new Osmani Centre, Aasha organised the Inspiring Changes conference. The conference set out to address current themes relating to gang violence and youth conflict but from a transformational and motivational perspective. Over 250 young people attended the event.



"[During the London riots] The mobilisation of volunteers by community organisations, including the Osmani Trust...to resist the rioters and ensure young people did not become involved in the riots."

"...Youth organisations sending out text messages warning young people to keep away from the riots..."

"It was estimated that there were 60 police officers on duty and 240 [volunteers and young people] from the Osmani Trust...as well as youth workers from the Rapid Response Team and the wider service"

"The work of the third sector, including the hundreds of volunteers mobilised by the London Muslim Centre and Osmani Trust also contributed to containing the riots"

London Borough of Tower Hamlets



AMAAL

Amaal uses informal mechanisms such as: arts and crafts, cooking, textiles, games, sports, and workshops; to engage young women and provide them the platform to learn, develop and make subtle but important changes in their lives. Our team of staff and volunteers are trained and are always at hand to support the young women in their pursuits. The purpose of Amaal's work can be summarised by the following:

1. Supporting young women in making a positive transition from childhood to adulthood
2. Empowering young women
3. Raising Participation & Achievement of young women
4. Local Interventions addressing the needs of young women

VISIT TO AMIR KHAN'S GYM

In partnership with the LBTH Peer Education Team, Amaal delivered a 5 day introduction to boxing course at Central Foundation Girls School during the Easter Holiday. They were then rewarded with a visit to the Gloves Community Gym in Bolton, a gym set up by the former WBA (Super) and IBF Light Welterweight champion Amir Khan. This was a memorable experience where young women were able to meet with Amir Khan's family and take inspiration from Amir's journey to success.

ANNUAL FAMILY DAY

The Annual Fun Day took place on Saturday 23rd July 2011 at Vallance Gardens. Attended by near to a thousand local residents, the day featured arts and crafts including spray art, t-shirt printing, mug and lanterns design. Young women

were able to enjoy and unwind with a barbecue, fun games, face painting, henna and fair rides. Led by young women the event helped raise awareness of provisions for girls and empowered the volunteer group who took charge of activities.



FASHWISE PROJECT

Group of three young women successfully obtained a YOF grant to run a fashion project. The girls led a group of 13 young women who worked together to make their own clothes items over 3 months. Fashionwise encouraged girls to develop their own trend, recycle materials and manage their money wisely. The project ended with a fashion show where the girls were able to share their learning about the costs of being fashionable and encouraged young women to be different and unique.

PAMPER DAY

Amaal delivered a pamper day for girls and women on Saturday 5th November at Osmani. The event sponsored by 10 businesses attracted over 200 women who were able to enjoy an array of treatments from massage, facials, pedicure, manicure, haircuts and more. Pamper day was the first of a series of initiatives to raise money for Amaal's new campaign to "Stop Abuse of Girls & Woman" seeking to raise awareness amongst local people and create intolerance against abuse.

OUTWARD BOUND CHALLENGE

Amaal engaged 20 young women in a 5 day outward bound challenge with the Outward Bound Trust in Lake District. Activities included team building exercises, rope challenges, gorge walking, canoeing, orienteering and an overnight expedition including a mountain climb.

YOUTH CONFERENCE - WHO AM I?

Opening with a song performance of Jessie J's 'Who you are', Amaal Girls Project held its first annual youth conference on Monday 13th February

2012. Titled 'Who am I?' the conference explored the issue of self-image, a major underlying cause for the barriers and challenges young women face to achievement. Over two hundred people attended the event. Also in attendance were special guests Lutfur Rahman, Executive Mayor of Tower Hamlets, Zara Brownless, Young Apprentice winner for 2011, Alex Scott, player for England Women's Football team, Councillor Rania Khan, LBTH Cabinet member for Culture and Tasmina Khanum, deputy young mayor for LBTH.

INTERNATIONAL WOMENS WEEK

Amaal celebrated International womens week in partnership with other LBTH projects on Saturday 10th March at the "Challenging perceptions of Beauty" event at Brady Arts centre. Amaal members led a workshop on jewellery making for 30 young women. The event featured various arts and crafts and an evening showcase.

Amaal's key target group are young women from BAME backgrounds in the ages of 13-19yrs. The table below lists the projects annual targets and what has actually been achieved.

Category	Target	Achieved
YP Reached	110	300
YP Participants (engaged in 5+ sessions)	36	70
No of YP achieved Recorded outcomes	42	42
No of YP achieved Accreditation	69	85

"I have been able to explore my creative talents, I feel more confident in myself knowing what I can achieve."

Tahmina, 17
(Cambridge Heath Sixth form)

Coming to Amaal has helped me understand myself better and appreciate the people around me. It has helped me build my relationships at home and be more responsible.

Sumaiya, 14
(Central Foundation Girls School)

I took part in a workshop on self harm by Amaal, before I did this I didn't know that some things that people I know do is actually quite serious and they are harming themselves. I was able to talk about what I see and the youth worker explained how we can help people who harm themselves.

Parvin, 12
(Swanlea School)



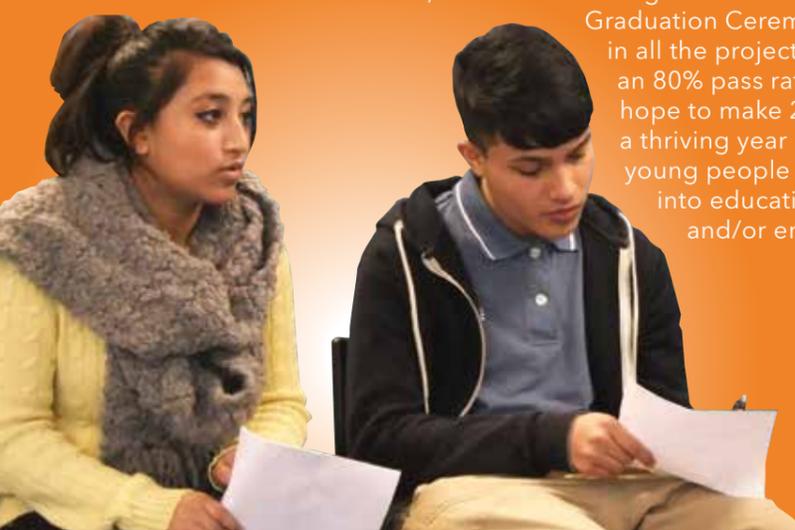
EDUCATION & EMPLOYMENT

The Education & Employment Project has come a long way; it has endeavoured to be the flagship project of Osmani Trust and supported beneficiaries in creating a pathway to employment. The year has seen major developments for the project such as initiating work with ex-offenders,

developing the youth work apprenticeship programmes, staff becoming qualified advisors and Assessors, ABC & EDI approval status. For all the hard work and dedication, it was very gratifying for all involved to see 17 Youth Work apprentices become qualified Youth Workers and recognised at the first ever Graduation Ceremony. All in all the project achieved an 80% pass rate. We hope to make 2013-14 a thriving year helping young people and adults into education, training and/or employment.

OVER THE COURSE OF THE YEAR THE E&E TEAM FOCUSED ON THE FOLLOWING AREAS OF WORK:

1. The Olympic Event
2. Pickle Project
3. Pre-Apprenticeships
4. Intermediate Apprenticeship in Youth Work
5. Advanced Apprenticeship in Youth Work
6. Diploma in Youth Work
7. Certificate in Youth Work Practice
8. Key skills in English, Mathematics and ICT
9. Workshops covering ERR and PLTS
10. Job Ready Programme
11. Welfare, Benefit & Debt Advice
12. Legal Advice
13. Youth Engagement in partnership with Connexions Service



The apprenticeship programmes provided young people with new skills, positive activities, understanding employment rights and responsibilities and an individual action plan leading to paid employment. Through this programme the project secured employment for 24 young people as well as part time education. An additional 28 young people are currently going through the same process. Forthcoming apprenticeships in Business Admin and Construction are due to start in September 2013.

THE OLYMPIC EVENT

The Olympics Job Registration and Employment Fair organised in partnership with The East London Communities Organisation (TELCO) witnessed over 400 eager job seekers to the Osmani Centre.

Over 200 candidates had pre-registered and several others dropped in to be interviewed for 240 live short term vacancies during the Olympic Games available in the catering, cleaning, hospitality and security sector.

Isthique Ahmed, 18 was amongst the prospective candidates seeking long-term employment:

"This was the first time I have attended a jobs Fair of any kind and I have found this to be a positive step forward for myself. I have applied for two vacancies so far and was provided with information on further catering and hospitality jobs."

On the day several providers attended hosting information desks and stalls comprising of an array of vocational training,

apprenticeships and training opportunities.

PICKLE PROJECT

Seven young people from East London were given the opportunity of a lifetime to launch a new food brand to be sold at the famous Piccadilly department store, Fortnum and Mason.

The group were selected from 15 local people who took part in a unique training day. The event, run by social enterprise, The Pickle Project, took place at Fortnum & Mason who opened their doors before normal trading hours to provide a behind-the-scenes tour with the Managing Director and a question and answer session with a Senior Buyer. The group then moved to Sheraz Restaurant on Brick Lane for hands-on cookery sessions in the kitchen followed by a branding and design workshop run by leading local design agency, Sparks.

KEY OUTPUTS

	Target	Achieved
Intermediate Apprenticeship in Youth Work	10	12
Advanced Apprenticeship in Youth Work	9	12
Individual into employment	7	10
Individual Trained	25	38
Individual Capacity Built	55	62
Diploma in Youth Work	12	19
Certificate in Youth Work Practice	10	16
Youth Engagement in partnership with Connexions Service	300	420

"This course has been very beneficial and has made me very confident. Our teacher Annette was very helpful and gave us a lot of knowledge about youth work."

Sumaiyah

"This course has been a challenging experience to undertake I have gained a bit of information about youth work and have decided I might take it as a career."

Iqra

"I joined the youth work level 2 apprenticeship with the intention of developing myself and giving back to my community. Before I joined the course I was not in any kind of education or employment as I dropped out of college after only 6 months. While completing the course I felt that the knowledge I have inherited is impeccable because while starting the course I had a bit of experience of youth work as I have been a volunteer for the last 2 years, but as the course went on I knew that I was developing more and more."

Mujibur



HEALTH TRAINERS

Health Trainers provide practical motivational support to individuals who want to make lifestyle changes. In 2011-12, Health Trainer services continued to grow within our locality at an impressive rate. The catalyst for this growth was having a service targeting vulnerable adults and hard to reach groups within a culturally sensitive framework. The year on year growth of the programme is a testament to the demands and need of such services within our community.

GET INTO SHAPE

A key highlight of our service last year was registering 4,000 people onto the Health Trainers programme, each individual developing a health action plan. For most people their focus was improving their eating habits, losing weight, quitting smoking,

being more active or just simply reducing their stress levels. 80% of those who set an action plan either achieved or part achieved their goals. Our 'Get into Shape' campaign offers local people the opportunity to participate in a range of healthy lifestyle sessions. We helped over 1,500 disadvantaged men and women over the age of 18 take part in a range of physical activity sessions including gym, swimming, football, badminton, zumba, walking, aerobics and keep fit, yoga, pilates and chair based exercises for over 50's on a weekly basis. We delivered over 900 healthy lifestyle exercise sessions.

HEALTHY YOU

The 'Healthy You' is a weight management campaign that aims to educate and empower local

people with healthy eating advice and one-to-one personal planning around weight management. The Health Trainers delivered a range of workshops at local events, community centres, and primary schools targeting parents and carers.

QUIT TO GET FIT

Our achievement in persuading people to give up smoking is also second to none. Success in reducing smoking is the biggest single action that we can take to improve peoples' life chances and reduce the burden of disease. We currently deliver the 'New Year's, Quit to Get Fit and Quit for Ramadan, Quit for Life' campaigns. Last year we supported over 120 people to give up smoking and many more are on the list receiving advice and are on the verge of quitting.

HEALTH EXPO

The Health Expo has been a huge success. The event brought the whole community together by bringing professionals and practitioners from the health and wellness industries, NHS services and local community projects with the general public to encourage a lifestyle of health and wellbeing through networking, information sharing, taster exercise sessions and awareness of local health services. There were over 67 stall holders and over 500 beneficiaries.

BANGLADESHI MENTAL HEALTH AWARENESS EVENT 2012

The Health Trainers in partnership with the Bangladeshi Mental Health Forum hosted the Mental Health Awareness Day on the 14th February 2012 at the Osmani Centre. Professionals from the local council, NHS and community services delivered a range of presentations on issues related to service users and professionals. The event attracted over 200 people. Apart from information stalls from local service providers the event also provided free health checks by health trainers, free exercise sessions, complimentary massage therapies, lunch and cultural entertainment.

PERFORMANCE	TARGET	ACHIEVED
LEVEL 1		
No. of clients registered	2,160	4,039
No. of mental health clients registered	144	607
LEVEL 2		
No. of clients participating in healthy lifestyle activities	1,080	1,527
No. of mental health clients participating in healthy lifestyle activities	92	199
LEVEL 3		
No. of clients supported on a 1-1 basis	360	808
No. of mental health clients supported on a 1-1 basis	44	176
SMOKING		
No. seen for brief intervention	540	1,546
No. of Quits at 4 weeks (combined)	104	114
ALCOHOL		
No of initial screens (HT Assessment)	360	1,192



I felt a buzz when I knew that I was able to go to the gym and do exercise, it is something that I always wanted to do. Health Trainers have helped me to be myself, with so many illnesses from a young age I have hidden away feeling isolated and now I feel that I can be myself and work within groups to help me lead a healthier lifestyle."

TERRY ANDREWS



OC ACTIVE

OC Active took some of the best elements from Healthy Futures and Football in the Community project and brought it together with new features such as Children's Weight Management. It is a health and physical activity programme tailored to meet the needs of children and young people. It is designed to embed healthy lifestyles solutions that can be transferred to their friends and family.

OC Active will consist of the following strands of work:

1) Health and sports sessions for children and young people aged 8-19.

2) Healthy Lifestyles' workshops and community events targeting parents, guardians and carers.

3) Accredited training and mentoring to enable our volunteers to become Health Champions, equipping them with the ability to promote and guide others onto healthier lifestyles.

4) Tailor made weight management service for children aged 12 - 18 who are overweight and obese.

Our partners include the Barts Health NHS Trust who have agreed to support Osmani Trust in Weight Management.



TOWER HAMLETS COMMUNITY CUP 2012

On Saturday 25th August 2012 Osmani Trust hosted the 7th Annual Tower Hamlets Community Cup at Mile End Leisure Centre. This year's THCC was sponsored by Canary Wharf Group and Tower Hamlets Homes. Over 50 teams took part in one of the borough's largest youth football tournaments. The players came from right across London including teams from Tower Hamlets, Newham, Islington, Hackney, Camden, Waltham Forest and Ealing. In total more than 400 young people engaged positively in a friendly but very competitive tournament.

"We are extremely happy to support Osmani Trust in this wonderful initiative that promotes community cohesion. The games were fantastic to watch and were very competitive."

Nasser Miah,
Tower Hamlets Homes

YOUTH SITE 2012

84 activities planned and delivered with approximately 1,000 young people engaged during the London Olympics.

TOWER HAMLETS COMMUNITY CUP 2012

50 teams participated with 400 young people taking part.

CAN DO COMMUNITY GRANTS 2012 - £5,000

10 grants of £500 each awarded to local groups to promote healthy living and active lifestyles

COMMUNITY FIRST GRANTS 2012 - £16,000

11 grants ranging from £250 to £2,500 awarded to local groups to meet local ward priorities.

HALF TERM HOLIDAY PROGRAMME 2012

40 young girls taking part in week long holiday programme focussing on sports and healthy living.

U16 LEAGUE FOOTBALL CHAMPIONS

Elite Youth U16s winning the East Essex League Championship.

ABU DHABI TOUR 2011

Elite Youth Senior Team took part in a international football tour in Abu Dhabi.

GOTHIA CUP TOUR 2011

Elite Youth U16s reached the quarter finals of the Gothia Cup in Sweden.

CHELSEA STAR - MOHAMMED RIDWAN 2011

Mohammed Ridwan selected for the U12 Chelsea academy summer trials.



OSMANI BADMINTON ACADEMY

Members of the Osmani Badminton Academy win the annual badminton competition.

WINTER SENIOR FOOTBALL

Team win the Saturday Cup double

OSMANI TAEKWONDO CLUB

In partnership with Hadri Taekwondo we launched "Osmani Taekwondo Club." The session was led by qualified instructors, some of whom have been trained in Korea, the day proved to be an action packed two hours with participants punching, kicking and blocking from start to finish.

The session proved successful in uniting people of all ages, races and locations. The 120 participants comprised of over 16 different ethnicities.

KEY INDICATORS & OUTPUT

COACHING SESSIONS DELIVERED

1,200 coaching sessions delivered

PARTICIPANTS ENGAGED

2,000 unique contacts

NUMBER OF VOLUNTEERS ENGAGED

30 providing in excess of 6,000 volunteering hour

TRAINING

30 people achieved accredited sports leadership qualifications



SHAATHI

The Shaathi Mentoring Project continues to work with and support some of the most vulnerable children, young people and young adults known to society. Our proven track record of supporting those that have complex, interlocking and multiple needs have given our statutory partners the confidence and the expectations of supporting and aiding their work.

The project has built close partnerships with Children's Social Care, Youth Offending Teams, Health Services, Schools, Colleges and Voluntary Organisations across the London Borough of Tower Hamlets and Newham.

HIGHLIGHTS & ACHIEVEMENTS

The project partnered with Bigland Green Primary School in E1 to deliver a one day Roadshow that showcased the work of the project and Osmani Trust as a whole. Over 400 people attended on the day.

"Everyone had a fantastic time on the day and everyone enjoyed themselves very much on the day; it's been a great success thanks to Osmani Trust"

Anthony Carmel
Deputy Head Teacher at Bigland Green Primary School

EDUCATIONAL RESIDENTIAL

The project facilitated 2 Educational Residential for its services users where 21 children and young people and their mentors visited the Marwell Activity centre in Winchester.

Both groups participated on team building activities and games, archery, raft building, zip wire, giant swing, camp fires and BBQ's. The residential allowed participants the opportunity to gain new experiences and enabled them to reflect on their own lives and futures with the support and guidance of their mentors.

"I really enjoyed myself and want to do this again. I have never done anything like this in my life and have learned a lot about myself, about what I can do and can't do."

Minhaz
Shaathi Mentee, 8 years old

ACCREDITED PARENTING COURSE

We partnered with the Tower Hamlets Strengthening Families Services to deliver a 13 week Accredited Parenting course that was designed for parents and guardians who may be struggling with the children and young people they are responsible for.

By educating the parents and guardians we can improve the chances of their children having a great and productive future.

ONLINE MENTORING PROGRAMME WITH AVIVA

In partnership with Aviva (Global Insurance Company) and Langdon Park Secondary School we launched an Online Mentoring Programme.

One of the aims of this programme was to help raise the aspirations and motivations of those that are planning to sit their GCSE exams and making important decisions about what they would like to do when they leave school. This short period in their lives can be very confusing, challenging and mentally straining. But it can be alleviated if the correct support and guidance can be provided.

The project developed a unique online engagement platform that allows mentees to engage with their mentors in a secure and safe manner. The platform also allowed mentees and mentors to engage on various educational and career focused activities and suggest/recommend reading materials to each other from an online library.

"This is a great opportunity for me to develop my skills and knowledge. I am looking to do Law when I leave school and I know this will help me boost my motivation and aspirations and help me to achieve my grades and plan for my future"

Randa Zerrouki
Boost Mentee

"It's wonderful to finally be here with all of you and I just want to thank you all for coming and taking part on this programme. We are looking forward to working with you and supporting you as part of this programme."

Stephanie Maier
Aviva Investors Corporate Responsibility Manager

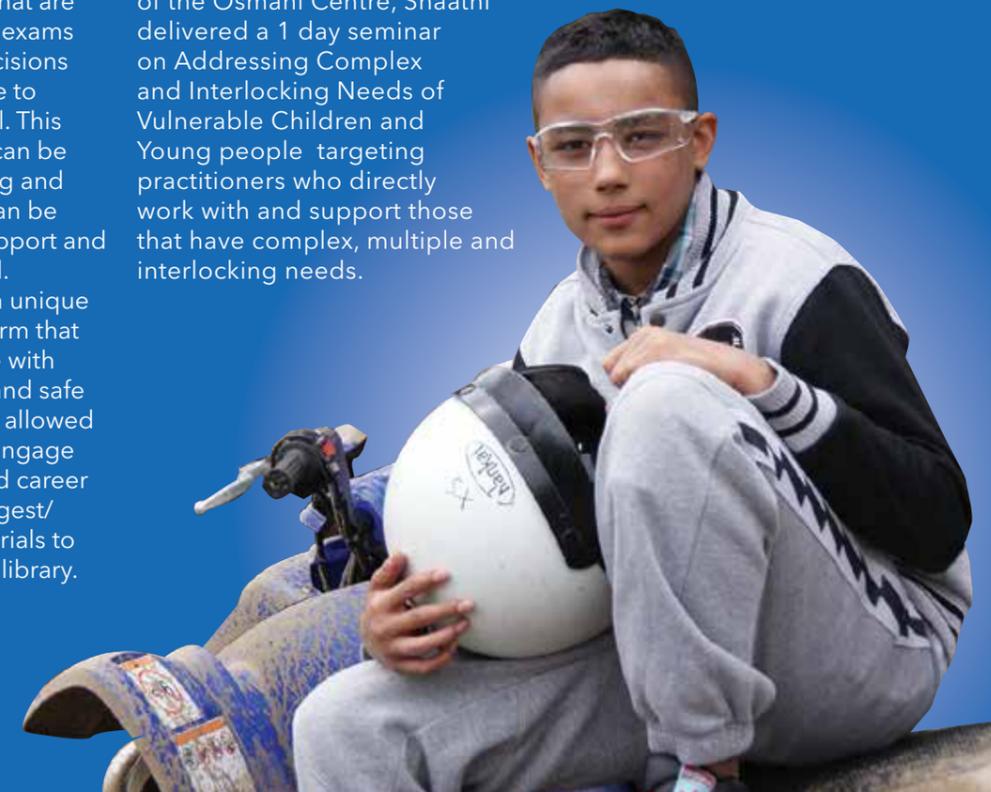
COMPLEX AND INTERLOCKING NEEDS SEMINAR

As part of the Grand Opening of the Osmani Centre, Shaathi delivered a 1 day seminar on Addressing Complex and Interlocking Needs of Vulnerable Children and Young people targeting practitioners who directly work with and support those that have complex, multiple and interlocking needs.

Over 120 professionals including social workers, practise managers, team leaders, and youth workers attended the seminar. Guest speakers presented and discussed issues on; Children who are looked After, those that are Sexually Exploited, effected by Drugs, those from BAME (Black, Asian Minority Ethnic Communities) and looking at how Mentoring is playing role in supporting some of these children and young people.

STATISTICS

Referrals Received:	91
Positively Engaged (6 months or more):	80
Home Visits Completed:	85
Group Mentoring Sessions:	20
Young People Accredited:	23
Mentors Trained & Recruited:	20



OSMANI CENTRE

OUR VISION

After months of waiting patiently for the building works to begin, construction finally started at the beginning of August 2010 to coincide with the school holidays. We watched in earnest as our builders B&K moved like the wind in building the new Osmani Centre. Construction was completed in August 2011.

RELOCATION TO THE NEW OSMANI CENTRE (AUGUST 2011)

The move to the new Osmani Centre took place within 2 weeks of the new building being signed. The upheaval was great and created tremendous stresses and strains as everything from the old building was transferred across. New furniture was delivered to the new Centre and a brand new IT and telephony system was introduced in the building.

The new Centre was finally open to young people and the local community in September 2011. Simultaneously as we moved into the new Osmani Centre, the demolition of the old Osmani Centre commenced. In its place a brand new Multi-Use Games Area and school playground was built for Osmani Primary School.

FUNDRAISING FOR OSMANI CENTRE

As part of the Trust's commitment towards the development of the new Osmani Centre a target of £500,000 was set by LBTH. This fund would be used to pay for the fit-out of the new centre.

Due to the economic climate raising the funds was incredibly difficult. Funding was tight and the competition for grants was very competitive. However due to the hard work and effort of all our staff, volunteers and community fund raisers we were able to achieve our target and even exceed it. Our thanks go out to them and all our funding partners who have made our vision a reality.



CENTRE PROVISION:

The Centre is designed to be a building for everyone and includes the following provisions:

OPEN RECEPTION

A warm and welcoming area to meet and greet visitors to the Centre.

CONSULTATION ROOMS

Will be used to deliver advice and guidance to local people in health and education.

MULTI GYM

Specialised facility consisting of equipment to suit young people between the ages of 5 and 19 years. It is designed to appeal to young people and encourage them to live healthy and active lives. The facility is also designed to appeal to local schools and other youth provisions within the borough.

TRAINING ROOM (1)

A facility used to run structured accredited courses and workshops.

MULTI-USE GAMES AREA (MUGA)

An outdoor facility for multi sports for the local school and the community.

ACTIVE STUDIO

A studio designed for health and fitness activities and courses such as boxing, dance, pilates and yoga.

GAMES ROOM

A space with top of the range leisure and recreation equipment for young people to socialise in a safe environment.

ARTS ROOM

A room to nurture the creative talents of young people through art and design.

OPEN PLAN OFFICE

A modern space fitted with state of the art technology for the delivery of community interventions by staff and volunteers of the Trust.

TRAINING ROOM (2)

A facility used to run structured accredited courses and workshops.

MEETING ROOM

A room dedicated for one-to-one and group meetings.

PRAYER ROOMS & ABLUTION AREA

A space for quiet contemplation and worship.

MULTI-PURPOSE HALL & KITCHEN

A facility available for community events, conferences and ceremonies. It can also be used to deliver healthy cooking courses as well as for private hire purposes.

ROOF GARDEN

An open area with green areas which is designed to complement events and activities taking place within the multi-purpose hall.

OUTCOMES:

PEOPLE AND GROUPS:

The local community have benefited in the following ways:

1. YOUTH:

Increase in high quality of provision has resulted in increased attendances to the centre. Young people can benefit from a multitude of activities that the Trust offers. Our Youth Workers have been very proactive since the move and have initiated innovative micro-projects such as the Help for Homeless.

2. SPORTS:

Increase in health and sports activity. The centre has witnessed the delivery of Zumba, Keep Fit, Boxing, and Pilates classes.

3. HEALTH:

Local people also benefit from health workshops, personalised health programmes and group sessions which promote healthy living. Many of the clients are GP referrals and looking to make lifestyle changes due to their health problems

4. EDUCATION:

The centre has hosted events focused on helping people find jobs (Olympic employment fair). We are also currently administering apprenticeship schemes.

OUR ORGANISATION:

The Centre threw great challenges to the Trust. These ranged from issues around decanting and settling into the new centre, maintenance challenges, introducing new policies and procedures, dealing with assorted suppliers and implementation of the new IT network. The increase in number of service users are both exciting and challenging at the same time. People expect more and the Trust has to work hard to manage those expectations.

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2012

	Unrestricted	Restricted	Total '12
	£	£	£
INCOME AND EXPENDITURE			
Incoming Resources	202,366	1,182,514	1,384,880
Resources Expended			
Direct Charitable Expenditure	103,829	1,081,092	1,184,921
Other Expenditure	58,245	153,079	211,324
Total Expenditure	162,074	1,234,171	1,396,245
NET INCOME/DEFICIT FOR THE YEAR	40,292	-51,657	-11,365
Funds as at 1 April 2011	30,632	302,820	333,452
Funds as at 31 March 2012	70,924	251,163	322,087

BALANCE SHEET FOR THE YEAR ENDED 31 MARCH 2012

	£	Total '12
Fixed Assets		
Tangible Assets		323,383
CURRENT ASSETS		
Debtors & Prepayments	251,407	
Cash at bank and in hand	131,603	
	383,010	
CREDITORS		
Amount falling due within one year	170,664	
NET CURRENT ASSETS		212,346
		535,729
Creditors		
Amount falling due within one year		213,642
TOTAL NET ASSETS		322,087
FUNDS		
Unrestricted Funds: Designated	4,148	
Unrestricted Funds: General	15,000	19,148
Restricted Funds		302,939
TOTAL FUNDS		322,087



Ordinary People. Doing extraordinary things



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