

QUIT TO GET FIT SCHEME

FREE football equipments for participating CLUBS

- o **FREE Physical Activities**
- o **FREE Training Balls**
- o **FREE First Aid Kit**
- o **FREE Bibs**
- o **FREE Cones**
- o **And Much More...**

-
- o Register TEN smokers
-
- o Commit to a 4 weeks programme
-
- o Quit to become FIT!
-