"Kit to get Fit"

Want a <u>Free</u> football kit for your local club?

If you are interested in the scheme make an enquiry with us and see if you meet the criteria.

Successful teams will be working with the Health Trainers for a period of One Year.

Complete Health Trainers monitoring forms for registered players

Provide register for your club for training and match days.

Provide 5 smokers to work with the HT Team for minimum of 4 weeks



**Osmani**trust.org



## Health Trainers Free Football Kit!

- Get in contact for an application pack
- Successful applicants will be working with Health Trainers for 1 year
- Utilise and access Health Trainers services
- Advice on smoking cessation, healthy eating and healthy living

Please contact the Health Trainers Team

0207 247 8080

osmanitrust

Visit us at Osmani Centre, Vallance Road, London E1 5AB