



osmanitrust

Osmani Trust Health Trainers Programme

Health Trainer Position – Ref: HT001

P/T – 20 hours a week

Salary: £13,000 per annum (inclusive of ILW)

12 month contract for maternity cover

Health Champions Position x 2 – Ref: HC002

P/T – 12 hours a week (£6.00 per hour)

12 month contract for maternity cover

- *Do you have experience of supporting local people?*
- *Are you able to network well with a range of community organisations?*
- *Have you had City and Guilds level 3 Health Trainer Training?*
- *Are you willing to undertake further health related training?*

The Osmani Trust is a youth and community organisation based in the heart of Tower Hamlets. The Trust offers a wide range of community, health and sporting initiatives tailored to meet the needs of the local community.

The Health Trainers programme helps connect people into services at a local level; they offer practical support to empower local people to adopt healthier lifestyles, with a particular emphasis on stopping smoking, healthy eating, and increasing physical activity.

For the Health Trainer position, we are seeking someone with experience of being a Health Trainer to work within our existing team for a fixed-term period of approximately 12 months from March 2012. For the Health Champions positions, we are seeking two enthusiastic people who are willing to learn and assist the Health Trainers with delivering healthy lifestyle activities.

These roles are an excellent development opportunity for anyone who is interested in pursuing a career in health and social care.

How to apply:

Application for these positions must be accompanied by a covering letter. In the application, the personal statement section should set out your own knowledge, experience and abilities in promoting healthy lifestyles using examples from your current/previous work or personal life. You should write **no more than 500 words**. Applications without a cover letter will not be accepted. This post is subject to an enhanced CRB check and referencing.

For full details, please download the Health Trainer and Health Champion Job Description from the 'Vacancies' section of our website: www.osmanitrust.org

To apply, please complete the application form (including a covering letter) and either email or post to: Shelim Shakir, Health Trainers Team Leader, Osmani Centre, 58 Underwood Road, London E1 5AW or Shelim.shakir@osmanitrust.org

Closing date: 5pm on Friday 10th February 2012 (Applications received after this will not be considered)



East London and the City