



2011 - 2012
SERVICE
IMPACT

SHAATHI MENTORING
PROGRAMME



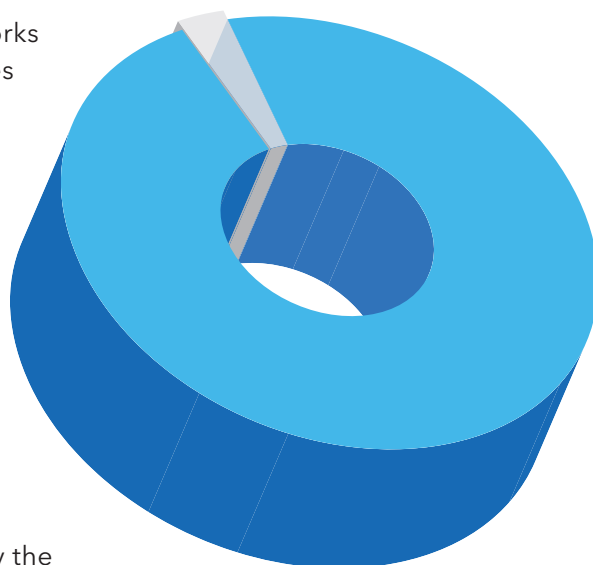
Shaathi

Shaathi Mentoring Project works with disadvantaged and deprived members of the BAME (Black, Asian, Minority and Ethnic) community. Many of our clients are identified as having multiple complex and interlocking needs and challenges that may have existed for generations within the family.

The project seeks to support, enable and empower the service user so they can start or have the opportunity to live a normal life. Service users are matched to trained and committed Mentors who use a number of tools such as face to face sessions, group mentoring sessions and individual action plans to help develop unique interventions that are catered to meet the needs, aspirations and interests of the individual.

The Mentoring project works alongside statutory services such as Children's Social Care, Youth Offending teams, Probation Services, Schools, PRU's, Connexion Services, Education Services and Health Services.

The project acquired the Approved Provider Standard (APS) which is the nationally recognised Accreditation provided by the Mentoring and Befriending Foundation, in 2006, 2009 and re accredited in 2012. Shaathi has also acquired the Investing in Volunteers (IIV) status in 2008 and then re accredited in 2011.



Impact of Service

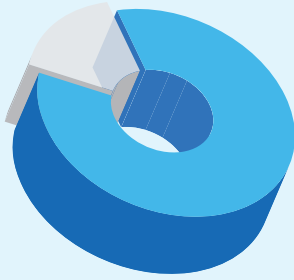
At the end of last year (March 2012), the Project conducted an Evaluation of the service and measured the impact it had on the service users throughout the year (April 2011 - March 2012).

The evaluation results were collected from various consultative, measuring and evaluating tools that are in place to maintain quality assurance and to monitor on-going process. They included;

- Central Register
- Goal Setting Forms
- Goal Review Forms
- Exit Evaluation Forms
- Tracking Forms
- Independent Engagement Reviews

97%

of clients stated they would recommend the programme to other Children and Young People



84%

of clients completed 6 months or more on the programme

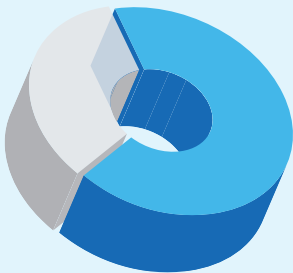
Referrals:

Total number of Referrals received - **95**

- **78%** of referrals received from Local Authority
- **84%** of clients completed 6+ months on the programme
- **67%** of referrals made for Males
- **33%** of referrals made for Females
- **14%** of referrals represented Primary School Age (8 - 10)
- **72%** of referrals represented Secondary School Age (11 - 16)
- **14%** of referrals represented College or Sixth form Age (17 & 18)
- **47%** of referrals received from Children's Social Care
- **31%** of referrals received from Youth Offending Team
- **6%** of referrals received from Schools
- **11%** from other agencies including London Borough of Newham

Achieving Personal Goals:

- **100%** of clients set their 1st Goals leading to **80%** achieving their 1st Goals.
- **55%** of clients set their 2nd Goals leading to **83%** achieving their 2nd Goals.

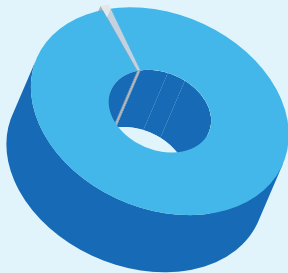


67%

of clients had improved attitude & aspiration towards Education, Employment or Training

What they Achieved:

- **66%** of clients had increased Self Confidence and Esteem
- **68%** of clients expressed their Feelings more positively
- **61%** of clients had increased Confidence to make Decisions
- **49%** of clients improved Personal Hygiene and Appearance
- **74%** of clients had increased knowledge of local Services and Provisions
- **67%** of clients had improved attitude & aspiration towards Education, Employment or Training
- **64%** of clients are more confident in handling Difficult Situations
- **61%** of clients improved their Relationship with family Members & Friends



99%

of clients stated that they felt Safe at all times

How they felt:

- **97%** of client stated that the service had been Beneficial
- **84%** of clients stated that their Mentoring sessions took place regularly
- **99%** of clients stated that it was easy for them to contact their Mentor
- **97%** of clients stated they would recommend to other Children and Young People
- **99%** of clients stated that they felt Safe at all times

Case Study: Young Person, aged 15:



Young girl aged 15 was referred to Shaathi by Tower Hamlets Children's Social Care. She had been sentenced to a 12 month Intensive referral order after being convicted of ABH whilst under influence of alcohol.

The young person had suffered from long-term multiple and complex issues and challenges along with difficult up bringing by parents who are long term drug users. Father had been in a coma after overdosing on Heroin and mother has been in and out of prison over the years and is also known to have gone into Prostitution to pay for her addiction. Both parents have had very little contact with their daughter which has led to young person being taken into care a number of times since the age of 10.

The young person is currently being looked after by grandparents, aunts and uncle. The family also have other siblings that are long term drug users. Grandparents experienced difficulties in setting any boundaries and guidelines for her. The grandparents had taken part in several parenting courses but due to their ill health, they were unable to discipline the young girl or set any appropriate boundaries to ensure her safety and wellbeing. Young person has not attended any form of education or training since she was 13 and was also at high risk of Sexual Exploitation.

What Shaathi did:

Shaathi provided the young person with targeted one to one support to help her overcome some of her current issues and challenges. We supported her in attending and keeping to her court appointments and have been advocating on her behalf at Court and at CP Meetings so she fulfills her bail conditions which was part of her referral order. Shaathi has also encouraged and assisted her to attend PRU (Pupil Referral Unit) and has worked towards developing routine and structure in her life to help ensure she attends school on a regular basis. We have also worked with her and encouraged her to attend and keep to her YOT appointments so she is not breached. Through her referral order she has been signposted to receive support on alcohol abuse, victim awareness and other useful services that will act as protective factors against her re offending.

The young person has proven to be difficult to engage with in the past, many external agencies found it near impossible to provide her with any form of support, however since joining the Shaathi Programme the young person has shown willingness to change and has been seeing her Mentor on a regular basis without missing a session. She has started displaying positive attitude and has started to take some form of responsibility for her own actions and future.

OSMANI CENTRE

58 Underwood Road
London E1 5AW

t 020 7247 8080
f 020 7247 6453
e shaathi@osmanitrust.org

osmanitrust.org

