



osmanitrust

Osmani Trust Health Trainers Programme

Health Trainer / Health Promotion – Ref: HT001

P/T – 25 hours a week

Salary: £13,715 per annum (inclusive of ILW)

Fixed term until 31st March 2014 (Extension subject to funding and performance)

- ***Do you have experience of supporting local people with their health and wellbeing?***
- ***Are you able to work well in team?***
- ***Have you had City and Guilds level 3 Health Trainer training?***
- ***Are you willing to undertake further health related training?***

The Osmani Trust is a youth and community organisation based in the heart of Tower Hamlets. The Trust offers a wide range of community, health and sporting initiatives tailored to meet the needs of the local community.

The Health Trainers programme helps connect people into services at a local level; they offer practical support to empower local people to adopt healthier lifestyles, with a particular emphasis on stopping smoking, healthy eating, and increasing physical activity.

For this position, we are seeking someone who is willing to learn and lead on some of our men only healthy lifestyle activities which includes group based exercise sessions, healthy eating workshops and one-to-one client support. The role will require awareness on cultural sensitivity, good level of customer service and organisational skills.

This role is an excellent development opportunity for anyone who is interested in pursuing a career in health and social care.

How to apply:

Application for these positions must be accompanied by a covering letter. In the application, the personal statement section should set out your own knowledge, experience and abilities in promoting healthy lifestyles using examples from your current/previous work or personal life. This post is subject to an enhanced CRB check and referencing.

For full details, please download the Health Trainer Job Description from the 'Vacancies' section of our website: www.osmanitrust.org

To apply, please complete the application form (including a covering letter) and either email or post to: Shamimuz Zaman, Health Trainers Team Leader, Osmani Centre, 58 Underwood Road, London E1 5AW or Shamimuz.zaman@osmanitrust.org

Closing date: 5pm on Friday 2nd August 2013 (Applications received after this will not be considered)

