

Health Champions Role Description

Client Group

Local Community – Tower Hamlets Residents over the age of 18

Location

Osmani Centre, 58 Underwood Road, London E1 5AW

Minimum Time Commitment

Health Champions will be required to undertake their placement for a minimum of 3.5 hours a week in addition to any training. Hours are flexible to suit both the Health Champion and the needs of the Health Trainers.:

- RSPH Level 2 – Understanding Health Improvement and further potential training opportunities
- Thorough 1-1 support from supervisor in terms of future development/employment needs

Duties of Position

The Health Champion Role will involve:

- Supporting Health Trainers with activities and events
- Working closely with other Health and social care organisations in promoting their organisation for example GP surgery's and also Local Idea Stores
- Developing good working relationships
- Assist with the running of and organising events and activities across Tower Hamlets
- Signpost clients to relevant services
- Registering clients to Healthy Lifestyle Programmes
- Organising health events across Tower Hamlets
- Co-ordinating health sessions e.g. walking sessions

Skills/Experience/Attributes

- The role of Health Champions demands the following attributes:
- Must be reliable and committed
- Understanding and sensitive to clients needs
- Good organisational skills
- Willingness to learn
- A commitment to and understanding of Equal Opportunities/Diversity
- Excellent verbal communication skills in order to communicate effectively with a wide range of people, including older people and those who have English as a second language
- Good written and spoken English
- Good knowledge of Tower Hamlets
- Treat clients with dignity and respect

Responsible to

Team Leader / Health Trainers

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