

Person Specification

On your application form, please relate your personal statement to the person specification

Job title: Health Champion

Responsible To: Team Leader / Health Trainers

| Criteria | Essential (Criteria that are essential to the effective performance of the role- please note candidates who do not demonstrate the attributes detailed below will not be short-listed) |
|------------------------------|--|
| Education and Qualifications | <ul style="list-style-type: none"> • No Formal Education Requirements |
| Knowledge and experience | <ul style="list-style-type: none"> • Basic healthy lifestyle knowledge such as benefits of eating healthy and staying active. • A commitment to and understanding of equal opportunities/ diversity. • Understanding the importance of confidentiality and Data Protection. • Brief knowledge of local organisations and services. • Brief knowledge about various communities in Tower Hamlets. |
| Skills | <ul style="list-style-type: none"> • Good organisational skills. • Excellent verbal communication skills in order to communicate effectively with a wide range of people in Tower Hamlets; including older people and those who have English as their second language. • Good written and spoken English. • Able to meet deadlines. |
| Commitment | <ul style="list-style-type: none"> • Able to volunteer for a minimum of 3 ½ hours a week for 6 months • Flexibility . |