

Amaal Girls October Half Term Project



**Osmani
Trust**

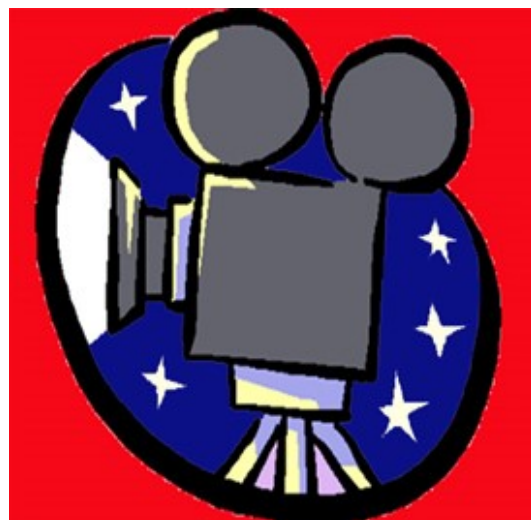


Free trips to Laser Tag and the Cinema,

Daily from

26th - 30th October 2015

2-6pm



**only 15 places
available so please
book early to avoid**

Activities will include:

- Arts and Crafts,
- Healthy Lifestyle and Eating Programme,
- How to calorie count,
- Cook and Eat sessions



**Venue: Osmani
Osmani Centre, 58
Underwood Road,
London E1 5AW**

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