



**osmani**  
trust

# ANNUAL REVIEW

**2021-2022**

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# Message from the Chairman

**2021-22 was another great year for the Trust despite the national challenges we all faced. As the country began the year slowly transitioning out of Covid restrictions and lockdowns and their significant impact, our local communities were deeply affected on all fronts as were community organisations.**

We had to keep on responding in new and creative ways to these challenges and to the needs of our services users who are from some of the most disproportionately Covid impacted communities. We continued to ensure our organisation was able to be flexible and able to incorporate online service delivery and remote working where needed whilst services returned to normality.

At the same time as many charities faced income loss and challenges to sustainability we too faced our fair share but were able to pull through together thanks to the support of our funders.

We were able to continue some of our covid response services such as the foodbank to support over 2,000 local vulnerable young people and residents.

We were delighted to host The Mayor of London Sadiq Khan who visited the Trust to see our violence reduction work on the Isle of Dogs, THICN, and to launch his mentoring promise to young Londoners.



Our priority remains to work with some of the most disadvantaged young people and adults through our youth programme, mentoring, education and employment, sports and health programmes.

As increasing demand is put on services in general and particularly young people's services, we have a unique and critical role to play in continuing to provide a range of vital services to meet those demands.

**“Our impact on our users continues to grow in significance by improving conditions and changing lives.”**

I am deeply grateful to all our stakeholders including our patrons, funders, members, staff and volunteers who have enabled countless 'ordinary people to do extraordinary things.' With unrelenting ambition, imagination and dedication from all, I am confident that we will continue to make a greater impact in all our communities.

**Imadul Islam**  
Chairman

A handwritten signature in black ink, appearing to read 'J. Islam'.



## WHO WE ARE

- *We are an independent community organisation led by a Board of Trustees*
- *We are a grass roots organisation providing holistic solutions to local challenges*
- *We are committed to empowering communities to make a difference in their lives*

## WHAT WE DO

- *We offer a wide range of community, health, educational, and sporting initiatives tailored to the needs of local communities*
- *We support people, particularly those living in disadvantaged urban communities to re-engage with the mainstream society and improve their quality of life*

## OUR VISION

*Helping ordinary people do extraordinary things*

## OUR MISSION

*To provide an excellent youth and community service that is creative and accessible*

## OUR VALUES

- *Culturally Inclusive*
- *Open and Accountable*
- *Community Focused*
  - *Inspire Change*
- *Be Relevant Today & Ready for Tomorrow*

## OUR PATRONS



**Sir Stephen  
O'Brien CBE**



**Sir Michael  
David Bear**



**Sir Jack  
Petchey CBE**



# Executive Director's Foreword



**It's been another exciting year at Osmani Trust. We served over 10,000 people directly through our programmes in addition to having over 14,000 people use the Osmani centre after reopening post lockdown restrictions.**

Our strategy and focus of youth violence prevention in the Borough saw significant progress. We were proud to lead the consortium THICN to start delivering a new model of partnership with the Council, third sector, businesses, Police and local communities to provide new programmes and opportunities for young people and communities on the Isle of Dogs. This was a highlight for the year as it brought in new resources from MOPAC VRU to the Isle of Dogs, Tower Hamlets to tackle the causes of violence at hyper local levels.

Despite emerging from challenging economic times for all including the charity sector, we successfully managed to maintain resources to continue providing services across youth, violence reduction, criminal justice, sports, education, and training sectors whilst simultaneously strengthening our overall financial position.

We secured funding from the Barrow Cadbury Trust and started a community based research into the experiences and needs of young Muslims in the Criminal Justice System. A new service, the Changing Futures Peer Programme was also launched to work with hard to reach young people on the streets.

We also secured funding for a new mental health and well-being programme for young people and adults to be delivered next year.

All our programmes and services performed well to not only exceed targets but to provide services that were genuinely accessible, of high quality and delivered by people with a passion for supporting young people.

Our priority going forward is to maintain levels of existing services, improve quality and impact monitoring, increase centre and service users, and develop new services to meet unmet needs in the community.

***“The dedication, passion and commitment of our staff, trustees, patrons, and volunteers are instrumental to our success and I would like to thank them generously for their invaluable contributions.”***

**Shafiur Rahman**  
Executive Director

A stylized, handwritten signature in black ink, likely belonging to Shafiur Rahman.



# Young Peoples' Services

## Youth Space

853



young people  
participated

Youth Space delivered the youth programmes in the Northwest quadrant of Tower Hamlets from our flagship Osmani Youth Centre in Whitechapel as well as from the Minerva Centre, Bethnal Green.

We delivered 8 youth sessions a week from Osmani Centre and Minerva Centre, with 3 sessions dedicated to girls only.

Programme activities included:

### Short workshops - (30+ sessions)

Personal safety/ Knife awareness. Criminal law/ stop and search, Bullying/ social media, Anger/ Resilience , Mindset/ Goal setting, Identity/ values, Housing/ Finance, Digital Arts, Creative Art/ Poetry, Body confidence and self-esteem, Culture/ Black history, Grooming and SRE, Further education and training options.



### Accredited and non-accredited training (12+ sessions)

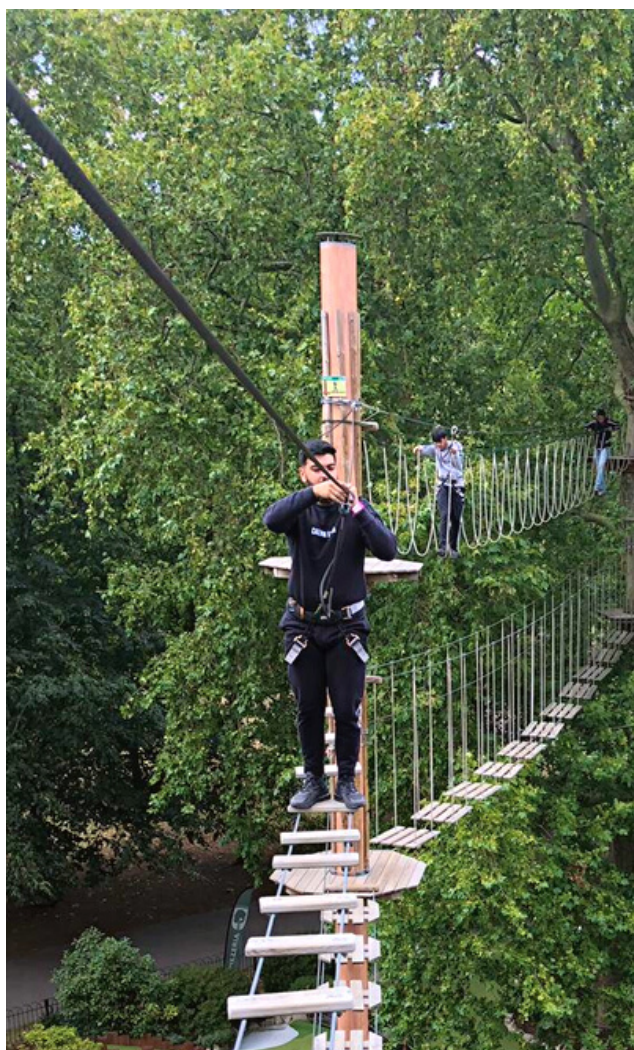
First Aid, Introduction to Youth Work, Sports Leadership, CBT Motorcycle training, ASDAN: Leadership Short Course

### Sports, health and well-being (100+ sessions)

Indoor multi-sports sessions, Detached sports sessions, Mixed martial arts, Swimming, Cycling, Boxing, Girls' sports sessions, Dance, Healthy Cooking, Emotional Well-Being, Exercise sessions in the park.

### Community events and celebrations

5-A side borough wide football tournament, Iftar Gatherings, Youth Space open day at Minerva, Community barbeque in Spitalfields and Bethnal Green.



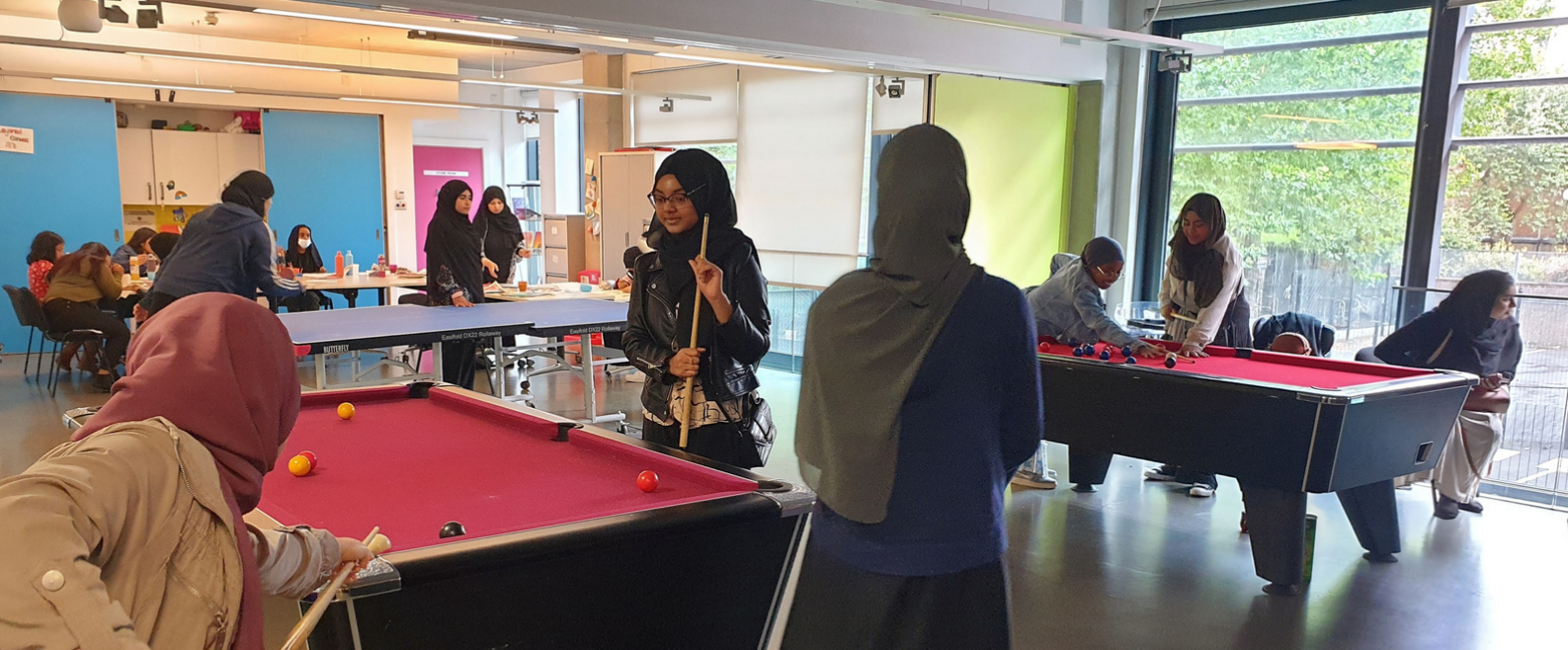
During the half-term holidays, we increased our number of sessions from both sites and offered fun packed programmes with additional recreational activities including a 3-day youth residential. During the summer holidays, we provided activities including daily lunch to 167 young people whose families were on low income.

Last year our focus was on developing young leaders and addressing the negative youth culture around serious violence and the drug misuse/dealing crises in the community. As a result, 14 young people completed Level 1 in Youth Work and more than 35 young people completed a basic First Aid course with particular emphasis on dealing with knife wounds. We delivered a whole range of workshops that helped develop resilience and helped young people to learn through reflective practice.

The Youth Space has also been involved in reaching out to young people away from the locality, where we delivered workshops to youth groups through our wider connections in the community. Much of these workshops were tailored specifically to the needs of the target groups and in most cases themed around developing awareness around grooming, exploitation, drugs, gangs, serious violence and building resilience.

Outputs	No. of Young People
Contact	853
Participants	458
Recorded Outcomes	217
Accredited Outcomes	48





## Amaal Girls

The Amaal Girls works with young women aged between 11 and 19 (up to 25 with SEND). Amaal delivers a range of activities and opportunities for girls in a culturally sensitive environment with the aim of encouraging more young women into mainstream provision such as education, training, employment and community work.

**“Many young girls from Minority Ethnic backgrounds are deprived of opportunities available to them due to barriers and lack of information and encouragement.”**

Outputs	No. of Girls
Accessed Youth Club	67
Accredited Outcomes	12
Recorded Outcomes	25

**67**  **girls participated**

It has been a roller-coaster year for the Amaal girls' group post lock-down restrictions. We had to be sensitive and accommodating towards young people's needs as they and their families had been affected by COVID-19. We also needed to be creative and exciting in our delivery, finding new ways of working in a time dominated by remote online services. We were able to host a whole range of activities online; from completing accredited short courses to weekly challenges, competitions and keep fit sessions through online platforms.

We also started a members forum where girls can confidently talk about their worries during the COVID-19 lock-down, it encouraged girls not to feel isolated with their problems and were able to identify support both within the group as well as being introduced to new services within the borough. Although it was impossible to do any large-scale projects this year, staff maintained a strong connection with young girls whilst steadily increasing in the number of participants for Amaal.

# Summer Detached Youth Service

**Osmani Trust delivered detached youth services from three estates: Chicksand Estate, Collingwood Estate and Middleton Green in Tower Hamlets.**

The programme provided sporting opportunities for young people and created an environment for youth workers to engage and better understand the needs of local young people.

Building on this, youth workers were able to signpost young people to their nearest youth centres and referred many to our in-house services for employment support and facilitated several group excursions for each neighbourhood.

Osmani trust organised a community barbecue for each neighbourhood largely delivered by volunteers recruited on the programme with residents also helping out. It was the first time young people and residents came together like this since the COVID-19 restrictions were lifted.

Following a very successful summer programme, we continued with weekly outreach and detached sessions in all three neighbourhoods.

Based on learning from the detached work, a pilot project targeting Somali young people was created. We worked with a large group of Somali young men who were NEET.

152



young people engaged



We delivered sporting activities, workshops, and employability training. This was successful and therefore needs longer term resources to have a lasting impact.

Tower Hamlets Homes (Aug-Nov 2022)	No. of Young People
Contact	152
Recorded Outcomes	82





# Violence Reduction Services

## Tower Hamlets Island Community Network

**1323**  young people  
engaged

**16**  new youth workers  
employed

**47**  young people  
gained employment

**2**  new youth  
facilities opened

**122**  Young people completed  
accredited training



**Osmani Trust led a new consortium of partners to launch THICN on the Isle of Dogs, Tower Hamlets, as part of the new 2 year GLA MyEnds programme funded by the London Mayor's Office for Policing and Crime (MOPAC) Violence Reduction Unit (VRU) to address youth violence at local neighbourhood levels.**

THICN is led by Osmani Trust, in partnership with Spotlight and Streets of Growth. The THICN board is made up of other key partners including LBTH, THCVS, ELBA, Met Police, The Utilize Project, local young people and residents' representatives.

The THICN partners, along with partners in the council, police and wider voluntary sector aims to:

- Provide a range of prevention, intervention and capacity building activities to prevent and address violence on the Isle of Dogs, Tower Hamlets
- Work with partners, stakeholders and the local community to develop and promote a programme of activities
- Engage youth networks and organisations, the local community, statutory organisations, business and voluntary sector groups to ensure they are an integral part of the programme



283 residents participated in an online survey via the THICN website to highlight priorities and hotspots.

**In the first six months of delivery 1323 young people engaged in activities and services, 2 new youth facilities were opened on the Isle of Dogs, 11 community events were held, 416 hrs of detached youth work were delivered and 16 new youth workers were employed in the area. 3 gang conflicts were mitigated through mediation and community resolutions, 42 local organisations were engaged, 122 young people completed accredited training and 47 young people accessed jobs.**

## THICN Service User Profile - Ishaaq

**Ishaaq recently turned 18, joined our services in 2021, dealing with grief, low self-confidence and the pressure of having to grow up overnight. He did so after going through a period of real difficulty culminating in the sudden loss of his father and the added responsibility of having to be now jointly responsible for the financial wellbeing of his household and siblings, alongside his mum.**

Ishaaq joined our Blackwall FC Project as a means to return back to having some semblance of a childhood under the circumstances, returning to his passion and hobby of football whilst having a safe space to be around his friends competing in the ILFL Super 7's and Summer and Winter Leagues, with Ishaaq eventually captaining Blackwall FC to the Summer League title.



Through support of Osmani's Youth Work team and regularly attending our services; Ishaaq has progressed to be one of our Youth Work Trainees at the Osmani Youth Space, The Reach, Blackwall, working towards a formal Youth Work Qualification.

Ishaaq, a young Bengali man from the local area has an instant rapport with young people. His non-judgmental and easy-going, but effective approach to engagement, providing, when necessary, advice and support has been positively recognised and acknowledged by young people.

He has contributed to the design and development of a number of new services/activities and projects for young people aged 14-19 years old, across the Isle of Dogs. The benefit of the services and projects Ishaaq has delivered has received positive feedback from young participants and their parents. This has been demonstrated by written acknowledgements and telephone calls from parents.

Ishaaq's dedication to providing enrichment opportunities to young people on the Isle of Dogs, has seen him take on additional projects on behalf of Osmani Trust, volunteering and supporting the Greater London Authority and London's Violence Reduction Unit in communicating the needs of young people and helping oversee Tower Hamlets Island Community Network's Youth Opportunities Fund supporting hundreds of young people into weekend and recreational activities.

Feedback from young people has highlighted that Ishaaq's commitment has had further resonance with them, and is reflected by their enthusiasm to continuously participate in his activities, with our services now oversubscribed.



Being a young man from the local area, young people see Ishaaq in themselves; a young man with ambition, drive and enthusiasm to positively grasp life and be a success. Young people see in Ishaaq a person from their community that is someone that they would like to be similar to in a few years' time, a role model, active citizen and positive member of the community.

**“ Ishaaq has helped to put the “Youth” back into Youth Work giving young people like himself a platform for a meaningful voice in services that benefit young people.”**

#### London Mayor Mr Sadiq Khan Visit to Osmani Trust



In Feb 2022 London Mayor Mr Sadiq Khan visited the Osmani Trust programme at Blackwell Reach, Tower Hamlets, to see how THICN transforms young lives, steering them away from the violence and crime. He met with young people staff and volunteers to hear first hand how they were tackling the issues, building resilience and providing opportunities for young people.





## Breaking The Cycle

**33**  young people and their families engaged

**The Breaking the Cycle (BTC) project in partnership with LBTH Early Help and Youth Justice Service (YJS) aims to reduce youth violence via early intervention. It is a mentoring programme for young people (aged 12-19) and their families who may be experiencing issues around education (behaviour issues, etc.), involved or suspected of substance abuse, involved in youth violence or co-offending with others.**

The project has been providing regular 1:1 mentoring to young people and their families to identify and achieve their long-term goals and raise aspirations. From September 2021 to March 2022 the project engaged with a total of 33 young people and families.

**27**  young people reduced risk of exclusion

Through one-to-one mentoring, closed-group workshops, public workshops for youth and seminars for parents and the wider community we highlighted and addressed some of the main issues in the locality and the deeper root causes. We discussed knife crime, drugs misuse, healthy relationships, social media and other related topics.

In the one to one sessions we delved deeper into the problems young people faced such as poverty, depression, parenting, diet, excessive screen time and more.

## Outcomes - Young People

Positive changes	No. of young people / families
Improved communicating in family	31
Family relationships including agreed boundaries	30
Positive engagement with case worker	32
Improved employment potential through mentoring	25
Education – minimising risk of exclusion or maximising possibility of positive moves	27
Sports engagement	27
Reduced Drug use	27
Support for Mental health needs in home and community	19
Mediation in family and peer group	10

We also tracked changes in family behaviours which included indicators about siblings, older generations and external engagement

Positive changes	No. of young people/families
Improved Family relationships	31
Better parenting	28
Accessing specialist support	3








## Changing Futures Peer Programme

**84**  young people engaged

Changing Futures focuses on young people who are affected by challenges such as ASB and violence. It is a detached programme working proactively in the community identifying ASB hotspots and high-risk young people and engaging those peer groups in productive activities as well as forming close relationships within the community to reduce flagged challenges.

**40**  young people training to become peer volunteers

We looked at the areas in Tower Hamlets and identified hotspots where young people are involved in ASB, knife crime, and drug-related abuse along with other crimes in Stepney ward and Bethnal Green ward. In three months of working on this programme, we have successfully managed to register 84 young people onto the Changing Futures programme. After their initial assessments, we have found that the majority are known to the police and have been given ASB warnings.



Through liaising with local community members, we have identified three sites in the locality where these young people are based and have managed to secure the sites through TLA's and LBTH where we will be running sessions that need indoor facilities. We have also engaged residents so they can be involved in working with young people.

**“We have already managed to de-escalate friction within the local areas between different sets of young people who are involved in the programme and those who are not.”**

Without these interventions and mediation, there would have been a continuation of tit-for-tat attacks and stabbings. Through the detached work and interventions, we gained an insight into external groups within the area that they have outstanding conflict with.

The provision of detached football sessions along with boxing sessions has also allowed us to create a bond which has opened up communication between young people and improved their social skills.


#### **Types of young people engaged and activities:**

- 84 young people, 60 of them are using college as an excuse to not fall into the NEET category but are barely attending classes.
- 15 young people are attending PRU and a number of them are involved or being groomed to sell drugs.
- 10 young people are currently with LBTH Youth Offending Team.
- We have identified 40 young people from the 84 who have registered to work with them more intensely and develop them into peer volunteers.
- Delivering 5 sessions per week for the past three months which include detached work, workshops, mentoring, sports and indoor youth club activities.





## Second Chance Programme

**89**  **out of 94 young people have not returned to dealing drugs after 6 months following programme completion in the past 2 Years**

**236**  **one-to-one mentoring sessions delivered**

**137**  **parents attended awareness workshops**

The Second Chance Programme (SCP) aims to prevent young people aged 13 to 21 from getting involved in drug dealing, drug related violence and other criminal activities. This pioneering programme is supported by Tower Hamlets Council Safer Communities, ASB team, Met Police, Local Schools and PRU's as well as other statutory services.

The SCP's approach is rooted in the government diversion scheme which suggested that short term prison sentences often lead to the offender committing more crimes as opposed to engaging with a diversionary scheme.

Over the past two years 89 out of 94 young people who have been referred, have not returned to dealing drugs after 6 months following programme completion.

This year SCP was shortlisted as a finalist for the Children and Young People Now Awards 2021. To celebrate this success, young people, SCP mentors, and Osmani Staff worked together and facilitated the SCP Showcase Event for partners and stakeholders. Amongst the invitees were representatives from GLA, Met Police, Tower Hamlet Council, Local Schools, and Community Organisations.



YP from SCP also created their own project for the community. The project designed by the YP involved gathering children's and baby clothes and distributing this via Osmani Trust's ongoing Food Bank programme. The impact of the project was not only felt by residents but also by the young people, most of whom couldn't see how they could positively contribute to society before coming onto the programme.

A cohort of YP also went away on a retreat to complete their course with us and to encourage them to start a new strand of work where they become peer mentors.

SCP facilitated parent's seminars on grooming and exploitation in various community settings with a total of 137 parents and carers attending. The demand for parents' seminars is high. We have been approached by other community organisations as well as parent groups to deliver further workshops and seminars.

Outcomes	No. of Young People
Increased engagement with society	42
Improved mental health and well-being	42
Improved relationships	42
Improved behaviour	42
Increased employment	25
Reduced violence	42
Improved attainment	20

Staff from SCP were invited by the Young Londoners Fund to present and lead workshops on a study about detached youth work and outreach to practitioners around London. An SCP staff member was a panellist in an event for Young Londoners Fund Networks exploring the role of mentoring and trusted relationships in young people's lives. SCP were cited as a good practice partnership model by LBTH Youth Offending Services in their service evaluation/audit. SCP clients contributed by giving feedback of their experiences.

Young People from SCP participated, helped facilitate a football tournament where over 150 young people participated in collaboration with other young people from our MyEnds THICN violence reduction programme.

Outputs	
Young people referred	46
Young people who completed programme	42
One-to-one mentoring sessions delivered	236
Parents /families supported	34
Workshops in schools/ PRU's	10
Young people at risk attending workshops in PRU and Schools	50
Group Workshops in the Community	12
Parents attending workshops	137
Parents/families support sessions	116



## School Resilience Programme

**95%** of pupils predicted to complete school and take GCSE exams.

**103**  pupils completed SRP programme

**18**  group conflicts prevented and mediated

SRP Youth Intervention Officers (YIO) delivered to 103 young people this year. SRP exceeded its target to engage young people and deliver workshops. We had high retention of young people who went on to complete the 12 session programme. We were informed by the schools that approx. 95% of participants on SRP would complete school and take their GCSE exams.

YIO were able to deliver 88 detached sessions over the year. This allowed staff to build relationships with local young people and be responsive to local conflicts between young people.

SRP has had challenges in engaging with families. This was due to families feeling slightly judged and shamed to be involved in the service due to the context of the circumstances of their child.

Outputs	
No. of SRP workshops delivered	103
No. of Young People that attended workshops	103
Mentoring sessions	98
No. of Young People that attended mentoring	80
Home visits	8
Families supported	14
Detach sessions	88
No. of Young People engaged in Detach Sessions	65
No. of Young People engaged in additional workshops	177
No. of Conflict Mediation and Prevention	18



### Summer Resilience Programme

YIO organised the Summer Resilience Programme in August 2021. We had 10 young people. The course was in partnership with Leap and was aimed at targeting new young people from the local community to attend. Young people felt they had a better understanding of their own relationship to conflict, know more tools and strategies they can use in conflict situations and felt their communication skills have improved.

### Mentoring

YIO also delivered one-to-one mentoring sessions particularly to those pupils who were at higher risk of exclusion and involved in violence and those who have been identified for additional support. Mentoring was provided throughout the programme.

### Detached Delivery

YIO was able to map and identify hot spots with prolific incidents of violence. YIO was allocated to work in those specific areas to build relationships with local young people. Also, YIO was able to respond to 18 violent incidents that were taking place after school and managed to resolve them.

### Workshops

YIO delivered to six schools across the borough. The target group was years 9 and 10. The project delivered 103 workshops. There was a positive response from pupils throughout the programme. 78% benefited from the programme with 82% saying they enjoyed the workshop. 80% learnt how to manage their own actions. 84% became more aware of the impact of their actions. 67% learnt to manage their anger and learned the different choices available when engaged in challenging situations, 80% learnt how violence affects their personal life and also felt confident to resolve conflict.

### Langdon Park School - Drop down Day

In addition, SRP delivered six workshops to Langdon Park School. The workshops explored triggers, facts and interpretations and the value of education. SRP delivered to 167 pupils from years 10 and 11. There were several organisations on the day delivering other workshops. Osmani Trust received the highest feedback score for their workshop. 98% of students strongly agreed the session was educational and learnt new information and felt the information will benefit their own life and future.

## Service User Profile – Rayhan

The Youth Intervention Officer worked with Rayhan, a young person who was showing signs of someone who has been affected by violence and was at risk of being excluded from his third school. He was a victim of a high profile violent attack. He was attacked before school outside his house. He was in a coma fighting for his life. Before YIO engaged with him, his family was moved by the local authorities due to the incident. He was moved from several schools before arriving at LEA. When he arrived at LEA, he was showing signs of trauma due to the incident and was already involved in violent incidents where he was attacked outside of school. YIO engaged with this young person. After the incident, his parents were deciding whether to remove him from school. YIO mediated the incidents with him and the other group who had attacked him. YIO mentored him to explore what previously happened to him and explore his own triggers and conflict. YIO recently got in touch with the school where he is going to sit his GCSEs and they felt due to the intervention of the SRP, the young person has managed better in school and the community.

# Criminal Justice

## The Bridge Programme

**100%** of service users did not re-offend whilst on programme

The Bridge Programme works with London Probation to create an enhanced mentoring service for offenders who recently served a prison sentence or are involved in the criminal justice system. The service users were predominately from the Bangladeshi community but also some from other BME backgrounds aged 18 to 30 years olds from Tower Hamlets.

The target of 50 service users to mentor was exceeded. Our referrals this year were more complex as a large number of service users were prolific offenders who have been caught in the revolving door in and out of prison, so our mentors had to spend much more time and effort on each individual.

The mentoring programme supported individuals with a pathway out of crime and resettlement back into the community. The programme detailed screening and assessments factored in various aspects of the individual's personal and social life to prioritise needs. It was clear from the initial engagement that the clients needed a lot more than ETE, as some suffered from mental health, gang violence, family issues, and fear of death.

**42%** gained employment, training or education

Our full-time mentors spent an average of 10 sessions building a close rapport with the mentees, by earning their trust and finding out more about the individual's lives. Our experienced mentors were able to advise and listen to the needs of the individuals and although most were referred due to drugs and violence, they understood every case is different and needed a different approach.

Whilst working closely with clients our mentors explored different avenues by liaising with new organisations to offer a wider range of training and job vacancies. We also supported with updating CVs, interview preparations, and assistance with cover letters for job applications.



## Outputs

In total, the Bridge Programme mentored a total of 51 clients referred from Tower hamlets Probation Service. A total of 339 Mentoring sessions took place with these clients.

## Outcomes

After a few meetings, our mentors were able to understand their clients and their needs and help support them into accommodation, education, and stable employment.

- 13 of our clients went into employment and who are still employed 6 months after engagement
- Supported 9 to access banking, obtain passport, driving license, attaining a birth certificate

Outcomes	
Access to employment	13
Access to training and education	9
GP Referral	1
Housing support referral and engagement	2
ID securement	4
Support to set up Bank accounts	5
Benefits and Job Centre engagement	5
Substance misuse service referral and engagement	1

- 9 have been placed in training and employment programmes.
- 100% success in not re-offending whilst on the mentoring programme.

More than 50% of the cases were closed within 3 months of engagement as clients made significant progress identified from re-education sessions and positive feedback from probation officers, concerned family members and other professionals.

Some cases were also closed early due to successful confirmation of employment, training or return to education.

## 'Rebuilding Lives' Research Project

We commenced a research project on the experience of young Muslims of the Criminal Justice System and of resettling into the community.


Current research is limited despite the clear over representation and rapid increase in recent years of young Muslims in the criminal justice system.

One of the key aims of the research is to identify enablers that help sustain young Muslims ex-offenders progress towards rehabilitation, reintegration and desistance from re-offending after release from prison or at the end of community sentencing

The research is funded by the Barrow Cadbury Trust and will be published in 2023



# Shaathi Family Mentoring

**31**  Families completed the programme

Over the past year, the Shaathi Family Mentoring project overcame various challenges that arose for the project during and post COVID-19 period, including retention & recruitment of volunteers.

We were able to pick up on referrals and resumed fully working with clients, including restarting home visits soon after restrictions were lifted.

In the post pandemic period, alongside in person work, we were also able to continue some online mentoring sessions.

Our parenting workshops continued to be effectively delivered on an individual case-by-case basis (using evidence-based models) alongside general workshops which helped support families in better understanding the issues their child was facing, implementing suitable parenting strategies, and helping them to explore how their relationship could be improved with more positive and engaging interactions with their children.

We were also able to refer families for further support including accessing targeted parenting courses.



We helped parents feel less overwhelmed and anxious, gain access to relevant services that meet their needs, advocated on their behalf when needed and strengthened their relationship with their child.

We empowered parents to acknowledge their personal strengths and accomplishments, better manage and treat their poor mental and/or physical health, gain control over their debts and other stress factors and enabled them to regain their own personal sense of identity.

Young people within those families, because of being on the programme, have improved their school attendance and academic performance, their understanding of online safety, a stronger sense of their own identity and increased motivation and clarification of their prospects.

**“ Our young people now continue their journey of self-belief and self-love, allowing themselves to be open to happiness and success.”**

Outputs / Outcomes	No. of young people/families
New families joined family mentoring programme / Increase in families getting Early Help	31
Young people and girls accessed a range of spaces, activities, and social opportunities across Tower Hamlets	15
Families stated improvement in confidence, after having received support for three to four months.	26
Young people and families reported better able to cope with problems / Increase in resilience	19
Parents reported improvements in parenting skills after participation on course.	24
Young people and families had better awareness of local services and how to access them if in crisis	15
Families stated better environment at home / Improvement in family relationship/environment	19



# Education & Employment

123 

Learners with a 94% achievement rate

E&E's primary objective is to support people who are unemployed and require training, education, and support with employment. We deliver accredited and non-accredited qualifications, provide Information Advice & Guidance, create Individual Learning Plans, SMART targets, employability workshops, and courses to help individuals progress. We inspire and empower individuals to achieve their desired goals.

**Greater London Authority (GLA), Adult Education Budget (AEB), European Social Fund ESF: Education & Training**

This is our third year of delivering accredited qualifications for people who live in Central London. The priority was to support learners who are 19yrs and over, unemployed, and have the right to work and live in the UK.



Key Outputs 2021-22	No. of learners	Completion Rate	Achievement Rate
Functional Skill English	14	100%	92%
Functional Skill English	12	100%	91%
Functional Skill English	14	84.7%	91%
Functional Skill Mathematics	9	77%	28%
Functional Skill Mathematics	8	50%	100%
Award in Employability L1 & L2	7	100%	71%
Award in Employability L1	10	100%	100%
Award in Employability L1	8	100%	100%
SIA Door Supervisor (security)	8	100%	100%
SIA Door Supervisor (security)	11	90%	100%
Emergency First Aid at Work	10	100%	100%
SIA Door Supervisor (security)	12	100%	91%

Overall Performance	Total No. of learners	Completion Rate	Withdrawal Rate	Achievement Rate
All courses	123	91%	9%	94%

We delivered a Door Supervisor Security Course to residents from Camden with a 100% achievement rate. All the learners were provided expenses including travel and the cost of obtaining a Security Badge.

E&E continues to strengthen its partnerships and worked with WorkPath, Idea Store, East London Business Alliance, Broadgate Estate, LLC, and LTEN amongst many others.

**“We had a very successful year, especially in the context of following earlier restrictions and lockdowns due to Covid.”**



## Health & Sports

**3882**  participants in sports activities

### OC Active

OC Active resumed delivery of a wide range of sports programmes, following the lifting of Covid-19 related restrictions in the year.

The women's badminton and basketball clubs, youth football, and seniors' fitness programmes were able to restart with increased participation.



Sports Sessions 2021/22	Average per session	Number of sessions/games	Total Participants
Football coaching @ Stepney 3G Over 45s	14	34	612
Girls Basketball Session(Sports Hall)	12	15	180
Boys Football coaching @ Stepney 3G Ages 12 -16 (partnership Shadwell Y.O.)	35	44	1540
Boys Football coaching @ Stepney 3G 16+ (In partnership with Stepney FC)	20	34	680
Girls Football (Sports Hall)*	15	15	225
Girls Badminton (Sports Hall)* ages 16+	12	15	180
Boys Football (Sports Hall)* ages 16+	16	15	240
Mother & Child Sports (Sports Hall)*	15	15	225
<b>Total</b>	<b>143</b>	<b>187</b>	<b>3882</b>

### Jack Petchey Awards

Osmani Trust is grateful for the support it receives through Gold Level of the Jack Petchey Foundation Achievement Award scheme. This year young members were chosen for achieving something special. These deeds varied from helping someone else, overcoming an obstacle or trying their best and making progress.





# Osmani Centre

15,000  centre users

The Osmani Centre provides a great contemporary location for our offices as well as our youth and community centre. The centre also has training rooms, meeting spaces, fitness studio, multi-gym space and changing rooms. Other facilities include a large seminar hall, catering kitchen and a roof garden. Most of these facilities are also available for hire to organisations and the local community.

The continuation of local lockdown restrictions, resulting from Covid19, saw a dramatic decrease in the use of the Osmani Centre. Despite this, we catered to over 15,000 users from a wide range of public, private and community organisations as well as local residents for community events, meetings, training, seminars, sports and fitness classes, and access to our Foodbank.



A variety of user groups used the centre's facilities. Young People, women and girls, people with disabilities and their families, adults with mental health, parents, the unemployed, elderly groups and various minority ethnic groups used Osmani Centre for a wide range of purposes.

### Community Space

The Osmani Centre is a real community hub that provides a great venue for meetings, classes, seminars, fitness sessions, community events and celebrations for local communities, charities, social enterprises, businesses and the public sector.

### Youth Facilities

The Osmani Centre dedicated floors for youth services, comprising a modern fully equipped youth centre, Active Studio, multi-gym space, training rooms and kitchen facilities.

### Osmani Food Bank

The previous years' London Community Response fund enabled us to provide support for financially troubled families including provisions for a foodbank during and following the Covid-19 period. Unfortunately, the funding ended in early 2021, however, the demand for the service remained increasingly high.

As a result, we devoted a campaign to raise funds in order to continue the services.

Together with our dedicated volunteers and partnerships with donating organisations we served over 415 households, benefiting around 2,000 people throughout the year.





**osmani**  
trust

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